

# Family Nurse Partnership Scotland

Winter Newsletter 2019



Family Nurse  
Partnership  
Scotland

Scottish Government  
Riaghaltas na h-Alba  
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*As we move into a new decade, we are delighted to be able to celebrate the successes that Family Nurse Partnership has brought to Scotland over the previous 10 years. It is hard to think back that far, but we are sure that each and every one of you will see and feel in everything you do how much FNP and your work has changed the early years landscape in Scotland.*

## **In 2010 we had:**

150 active families  
6 Family Nurses  
1 Family Nurse Supervisor  
1 Data Manager

## **In 2019 we have:**

7,300 families received the programme  
3,500 families graduated from the programme  
2,800 active families  
155 wte Family Nurses  
29 wte Family Nurse Supervisors  
25 Data Managers (and 13 admin assistants)

*Our engagement on the programme remains consistently high and our attrition rate consistently low, helping Scotland stand out, internationally, as one of the highest performing countries in the world for this programme. It is with heartfelt thanks to you and those around you who have made Family Nurse Partnership in Scotland a success, and we look forward to celebrating another 10 years together.*



*Merry Christmas and best wishes for  
the New Year!*

*Scottish Government FNP Team*

## **BREASTFEEDING SUCCESS**

For the third year in a row we have seen breastfeeding initiation and duration rising with 9 % percent of FNP babies being exclusively breastfed at 6-8 weeks, and over 13% receiving any breastmilk. This is a great achievement and means we are continuing to support women to breastfeed as the normal nutrition for babies.

## **FNP 'TO THE MOON AND BACK' WALKING CHALLENGE**

Thank you to everyone who took part in the last FNP 'to the moon and back' walking challenge. We walked a total of 13,305,197 steps and 5,669 miles (equivalent to walking 92% of the coastline of mainland Scotland)

## **REVALUATION REPORT**

The REvaluation of the Family Nurse Partnership report was launched at the end of June. This report showcased findings from Family Nurses, the families they work with and wider stakeholders on how the Family Nurse Partnership programme works in practice in Scotland. Thank you to everyone involved for their work with the REvaluation team and providing nurse and client stories!

## FNP NATIONAL CONFERENCE MARCH 2019

It was wonderful to be able to host Professor David Olds at our FNP conference. He shared his journey in NFP, his hopes for future expansion and continued testing of adaptations to build the evidence base. The teams were able to contribute to this by sharing their own Quality Improvement stories and how this had helped to increase the likelihood of achieving outcomes.

It was great to hear the voice of the client directly from Erin and her daughter Mia. She was able to share with us how participating in the FNP programme had increased her self-belief and confidence to be a good mum. The attachment Mia demonstrated with her mum was very evident and heartwarming for all to see.



### COMMUNICATION

#### NEW PROCESSES

Most of you will be aware that we have developed a new RICE (Request for Change, Issue, Commission and Exceptions) log. This is to improve communication, information flow and completion of agreed outputs. Outputs from these will include Short Life Working Groups, Virtual interactions (with the new Knowledge Hub Shared Platform being put in place) and other mechanisms, bringing in a range of people over the required period to really drive some of this work to conclusion and identify next steps. We have also put out some new documentation for recording Incidents and new Communications process. As always, any feedback is greatly appreciated. Feel free to contact us through our mailbox

[Family\\_Nurse\\_Partnership@gov.scot](mailto:Family_Nurse_Partnership@gov.scot)



### TURAS FNP

We would like to say a big thank you to everyone who has contributed to the smooth transition to the new TURAS FNP data system.

With 50,000 forms having been entered on to the system, the backlog almost completed and new clients being added every day we must applaud all of the hard work that has gone on to achieve this.

It is with much excitement that we have now begun moving towards the release of the first 2 data reports

- Engagement and completion report
- Dosage and delivery report

A few Data Managers and supervisors took part in user testing and gave very valuable feedback with one person expressing that it exceeded her expectations.

Training dates for Supervisors, Data Managers and Leads have been arranged; once everyone has had a chance to attend, the reports will be released.

## YEAR OF THE NURSE AND MIDWIFE 2020

The World Health Organization (WHO) has designated the year 2020 as the “Year of the Nurse and midwife”, in honour of the 200th birth anniversary of Florence Nightingale.

Dame Donna Kinnair, the Royal College of Nursing’s Acting Chief Executive and General Secretary said: “Modern nursing may be unrecognisable from the work of Florence Nightingale, but she would burst with pride at how far our profession has come. Mark-

ing two hundred years since her birth with this dedication is extremely fitting.

“As the nursing workforce around the world face similar challenges this century, the WHO’s work will bring the clear value of nurses into even sharper focus as we collaborate with them to showcase innovation and skill. “



World Health  
Organization

### HOLD THE DATE!

As part of our YONM 2020 Celebrations, we would like to bring as many Family Nurses and Supervisors together to learn and share from each other as part of our ongoing FNP journey. The event will be held on Wednesday **25th March 2020** and we will provide more detail in the early New Year. We look forward to welcoming you there.

**25th March 2020**



### CALENDAR & 10 YEAR

#### CELEBRATION BOOK

Thank you to everyone for organising and coordinating with our photographer, in getting your team photos and client pictures taken. Hopefully you will have received your FNP 2020 calendar including some lovely pics of our FNP clients and their babies from across the country. We will be using your team photos in an upcoming 10 year celebration book which will include the voices of FNP nurses, taken from your nurse stories.

### ANNUAL REVIEWS

Thank you to everyone for putting in the time and work in preparation for the Annual Reviews. It was a pleasure to come round and visit you all and was great to share learning throughout the country. Themes and findings from the Annual Reviews will be added to our FNP programme plan.

### LOTHIAN 10 YEAR CELEBRATION EVENT

As part of the 10 year celebrations, NHS Lothian will be hosting a special event for the first ever clients on the programme and their children. We encourage each area to consider what they might like to do as part of this landmark year.